

BALANS

small plates

duck spring rolls

cucumber & plum soy
5.25

nachos

guacamole, sour cream & salsa fresca
4.75

crispy calamari

sweet chilli dip
5.25

cajun breaded brie

quince chilli jam
5.50

buffalo mozzarella

sliced tomatoes, basil olive oil & crisp bread
5.75

greek plate

tzatziki, houmous & taramasalata
feta, kalamata olives & flat bread
5.95

quesadilla

salsa fresca & sour cream
5.25

crab cakes

mango papaya salsa & chipotle remoulade
6.25

chicken gyoza

sambal olek dip
5.95

big plates

8 oz rib eye steak

grilled field mushroom, tomato
hand cut chips & bernaise sauce
14.75

chilli con carne

nachos, sour cream & rice
8.95

smoked trout fishcakes

green bean, pea, red onion & mint salad
house tartare
9.75

thai curry

stir fried chicken strips, thai spices, peppers, chilli
onions, fragrant rice or sesame egg noodles
10.50

sesame tuna

tempura vegetables, fragrant rice, sticky ginger soy
12.75

10 oz balans burger

cheddar cheese, streaky bacon
house baked sesame bun, salad garnish
hand cut chips
10.50

chilli lime chicken supreme

mexican rice, tomatillo salsa
serrano chilli lime dressing
10.95

beer battered haddock

hand cut chips & mushy peas
9.95

toulouse sausages

garlic rosemary mash, shallots
calvados jus
9.95

salads & sandwiches

bbq chicken sandwich

bacon, tomato, avocado, iceberg lettuce
on house baked sesame bun
hand cut chips
8.75

warm goats cheese salad

baby greens, smoked beets
hazelnut vinaigrette
7.95

poached salmon nicoise

mixed greens, black olives, egg, tomato
potatoes, onions, peppers, green beans
citrus dressing
8.95

balans club sandwich

grilled chicken, bacon, tomato, lettuce & mayo
on toasted onion bread & hand cut chips
8.75

crawdaddy club

crayfish, avocado, tomato, rocket, crisp lettuce
florida cocktail sauce on toasted onion bread
salad & fries
8.25

cobb salad

grilled chicken, avocado, bacon, blue cheese
watercress, cos, honey mustard dressing
8.25

all day breakfast

berry bowl

raspberries, strawberries & blackberries
greek yoghurt & honey
4.75

ham & eggs

grilled gammon steak, two eggs & balans potatoes
7.95

american pancakes

fresh fruit or bacon & canadian maple syrup
5.25

two eggs "any way" on toast

3.95
add sausage, bacon, tomato, beans
or mushrooms
1.35

full english breakfast

two eggs, bacon, sausage, beans, mushrooms
grilled tomato, balans potatoes & sourdough toast
7.50

steak & eggs

skirt steak, two eggs & balans potatoes
8.95

porridge

brown sugar or honey
3.95

eggs benedict

poached eggs on toasted muffin & hollandaise
bacon, ham, spinach or smoked salmon
sgle 4.75 / dble 6.95

breakfast burrito

spiced scrambled eggs in toasted tortilla
pepper jack, salsa fresca & sour cream
6.25

salmon & eggs

smoked salmon, scrambled eggs & granary toast
6.75

sourdough toast or crumpets

butter & preserves
2.75

omelette

three egg omelette with fries
add any two fillings: mushrooms, tomato, ham
spinach, sausage or cheese
6.75

desserts 4.95

oreo key lime pie

raspberry coulis

chocolate pecan brownie

whipped cream

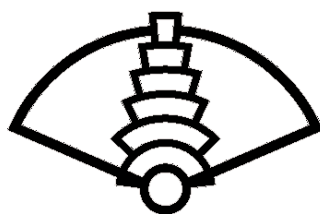
banoffi pie

toffee sauce

side orders 2.95

fries or hand cut chips ~ wilted spinach ~ mixed leaves ~ bread basket

an optional service charge of 10% will be added to your bill
menu items may contain nuts or trace elements
cheques not accepted
WI-FI access available



balans royalty card

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SOHO CAFE
TEL: 020 7439 3309

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EARL'S COURT
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KENSINGTON
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CHISWICK
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WESTFIELD
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B A L L A N S

white wine

trebbiano chardonnay il banchetto, italy	15.95 / 5.60 / 4.00
garganega/pinot grigio operetto, italy	16.95 / 5.95 / 4.20
sauvignon blanc valdivieso, chile	17.95 / 6.30 / 4.45

champagne

perrier jouet grand brut, nv	38.95 / 7.95
perrier jouet blason rose, nv	48.95 / 9.95

coffees & teas

americano	2.10
cappuccino	2.25
latte	2.25
espresso	1.90
double espresso	2.10
double macchiato	2.10
hot chocolate	2.75
hot chocolate whipped cream & flake	2.95
mocha	2.50
earl grey tea	1.90
green tea	1.90
chamomile tea	1.90
peppermint tea	1.90

cold drinks

frozen cappuccino or mocha	2.50
cranberry juice	1.70
grapefruit juice	1.70
fresh apple or orange juice	2.50
red bull	2.10
mineral water still or sparkling	1.30
coke / diet coke	1.40
7-up	1.40
fanta orange	1.40

red wine

sangiovese il banchetto, italy	15.95 / 5.60 / 4.00
rioja tempranillo castillo de clavijo, spain	16.95 / 5.95 / 4.20
merlot saint etalon, france	17.95 / 6.30 / 4.45

rose wine

malbec sangiovese rose graham beck, south africa	17.95 / 6.30 / 4.45
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cocktails

martinis vodka, gin, original or flavoured	6.50
bloody mary	5.95
woo woo	5.95
bucks fizz	6.95
kir royale	7.95
cosmopolitan	6.50
sea breeze	5.95
mojito	6.50
daiquiri strawberry or passion fruit	7.25
caipirinha	6.50
margarita	7.25
strawberry margarita	7.25

spirits

from £5.50
all spirits are double shots with mixer

absolut vodka	
bombay sapphire gin	
jack daniels	
bacardi rum	
martell brandy	
tequila	
baileys	

beers

corona	3.15
stella	3.15

wi fi available

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allergy concerns should be referred to the manager



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