

pancakes or french toast

- with fresh fruit 7.75
- with strawberries and bananas 8.75
- with bananas and dulce de leche 7.75
- with chocolate chips 7.50
- with two eggs 7.75
- with bacon 7.95
- with sausage 7.95

granola pancake

- with strawberries, banana and maple syrup 7.50

crêpes

- with nutella, almonds, amarena cherry compote 7.50
- with cottage cheese, apricot preserve 7.50

cereal, fruit & bagel

bagel

with smoked salmon, cream cheese, capers, onions, lettuce and sliced tomato 9.75

fresh fruit bowl

yogurt and honey 7.50
with cottage cheese 8.50

oatmeal

cranberries and raisins 5.50

cornflakes/cheerios raisin bran

bananas and strawberries 5.50

granola

cranberries, raisins and orange honey yogurt 5.95

side orders

one egg 1.50 (scrambled eggs require 2 egg minimum)

bacon or sausage 2.25

chicken 3.00

ham 2.00

cornbeef hash 4.50

tomato, mushroom or spinach 1.50
toast (onion, sourdough or whole wheat) 1.50

croissant 3.50

toasted bagel 1.95

cream cheese .80

yogurt 1.50

swiss, cheddar or pepperjack
cheese 1.50

mozzarella or feta cheese 2.50

balans potatoes 3.00

(red peppers, onions, scallions)

side of fruit 3.50

smoked salmon 4.50

3 pancakes with pecan maple
butter 5.00

strawberries & banana 3.50

granola 3.00

cereal 3.00

available from 11.00 a.m.

appetizers

grilled eggplant tomato, garlic and
aged gruyère 6.75

pot stickers sambal oleck 6.95

saté skewered marinated chicken, pickled
cucumber and saté sauce 6.95

chicken quesadilla pepper jack cheese,
tomatillo salsa and sour cream 7.95

fried calamari tropical tartar sauce 8.50

crabcake mango salsa and
chipotle remoulade 9.95

greek platter

houmous, taramasalata, tzatziki, olives, dolmades and
flat bread 8.95

pasta & noodles

penne all'arrabiata chili, garlic, and tomato
sauce 12.95

add chicken 3.75 add shrimp 6.00

indonesian noodles egg noodles, carrots,
cabbage, scallions, peanuts and sweet soy sauce
with chicken 13.50 with shrimp 14.95

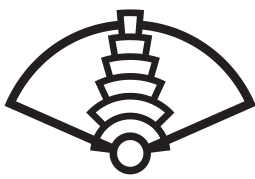
wild mushroom linguine oyster, shiitake,
crimini, portabello mushrooms, spinach, garlic and olive
oil 12.95

crab linguine

lump crab meat, chili, scallions, garlic and parsley 15.95

chicken, spinach & ricotta cannelloni

with tomato cream sauce 13.95



BALANS

piper heidsieck

by the glass 11.00

bellini

cristalino and peach puree 8.50

balans mimosa

cristalino rosé and freshly squeezed oj 8.50

bloody mary

vodka, spicy tomato juice. from 8.50

kir royale

champagne, chamboard 11.00

st germain blush

cristalino rosé and elderflower liqueur 8.50

eggs

two eggs

balans potatoes and toast 5.95

full breakfast

two eggs, sausage, bacon, balans potatoes,
cooked tomato and toast 8.95

jumbo breakfast

two eggs, bacon, sausage, balans potatoes,
fruit and 3 mini pancakes with pecan maple
butter 10.50

steak and eggs

skirt steak, two eggs and balans potatoes 14.95

cornbeef hash

2 eggs, cooked tomato and toast 9.50

salmon royale

scrambled eggs on toasted muffin 9.50

breakfast burrito

toasted flour tortilla, scrambled eggs,
salsa fresca, pepperjack cheese, scallions
and sour cream 9.50

add spinach 1.50 add chorizo or chicken 2.00

croissant

scrambled eggs, smoked salmon, chive sour
cream, citrus tossed greens 9.95

chorizo con papas

two fried eggs, spicy chorizo with potatoes
and salsa fresca 8.75

croque madame

ham and swiss cheese in toasted brioche
bread, fried egg and citrus tossed greens 8.95

breakfast burrito

toasted flour tortilla, scrambled eggs,
salsa fresca, pepperjack cheese, scallions
and sour cream 9.50

add spinach 1.50 add chorizo or chicken 2.00

3 egg omelette

balans potatoes and toast with one of the
following fillings: swiss, pepperjack, cheddar,
feta, mozzarella, spinach, mushroom, ham,
tomatoes 8.75

each additional filling add 1.00

no substitutions please specify your toast preference and egg white option

benedicts

ham

poached eggs on toasted muffin, balans
potatoes and hollandaise 9.25

corned beef

poached eggs on toasted muffin, balans
potatoes and hollandaise 9.95

bacon

poached eggs on toasted muffin,
balans potatoes and hollandaise 9.25

smoked salmon

poached eggs on toasted muffin,
balans potatoes and hollandaise 9.95

crab cake

poached eggs on toasted muffin, balans
potatoes and hollandaise 13.50

florentine

spinach, poached eggs on toasted muffin,
balans potatoes and hollandaise 9.25

sandwiches

balans US1 prime burger

with lettuce, tomato and onion on our house
baked bun, fries and choice of cheese

(cheddar, swiss or blue) 10.95

for mozzarella or feta add 1.00

for avocado, bacon, mushroom or sauteed onions add 0.75

crab cake blt

panfried crabcake, bacon, lettuce, tomato,
chipotle remoulade on our house baked bun
with citrus tossed greens 13.95

lobster club wrap

bacon, lettuce, tomato, and florida
cocktail sauce in a flour tortilla with citrus
tossed greens 15.50

salads

caesar salad romaine lettuce, grated
parmesan, croutons and caesar dressing 6.95 / 8.95
add chicken 3.75 / add shrimp 6.00

tomato, basil & mozzarella
with arugula, onions and balsamic reduction
9.50

with prosciutto add 3.50

warm goat cheese salad

spinach, mixed greens, hazelnuts, dried
cranberries and raspberry vinaigrette 13.95

chili beef salad grilled marinated beef,
mixed greens, tomatoes, cucumbers, onions,
thai mixed herbs and spicy thai soy dressing

(can be made with chicken or shrimp) 15.95

poached salmon niçoise

mixed greens, black olives, boiled egg, tomato,
potatoes, onions, peppers, green beans and
citrus dressing 14.95

ruben

corned beef, swiss cheese, sauerkraut and
thousand island dressing on toasted onion
bread, apple slaw 12.50

blackened grouper sandwich

arugula, tomato and chipotle remoulade on
toasted ciabatta bread with citrus tossed greens
13.95

chicken or mozzarella sandwich

fire roasted peppers, tomato, arugula and
mayonaise on toasted ciabatta bread with citrus
tossed greens 8.95

florida crab salad lump crab, pink
grapefruit, orange, watermelon, mixed greens
and mango lime dressing 16.50

chicken cobb salad bacon, blue
cheese, avocado, egg, tomatoes romaine lettuce
and ranch dressing 13.95

baja shrimp or chicken salad

romaine lettuce, corn, bell peppers, avocado,
onions, black beans, cilantro, tortilla strips, and
serrano chili lime dressing

with chicken 14.50 with shrimp 15.95

bang bang chicken mixed greens,
shredded chicken, scallions, shredded carrot,
shredded cucumber, bean sprouts, cilantro, and
peanut chili dressing 11.95

greek salad romaine lettuce, black olives,
cucumber, tomatoes, onions, feta cheese and
citrus dressing 10.95

balans signature cocktails

"pornstar" 12.50
pinnacle vanilla vodka, passionfruit puree and champagne shot

coco beach

don q coco, midori, sour mix, chambord

watermelon mint dream

melon rum, watermelon, fresh mint, sugar, soda

nice & peachy

van gogh peach vodka, cranberry juice, pineapple juice

pain killer

bacardi select, pineapple juice, coco lopez

strawberry caipirinha

cachaca, fresh strawberries, sugar, lime

pimms cup

pimms, cucumber, mint, strawberry, orange, sprite

kinky orgasm

amaretto, baileys, kahlua, milk

berry cosmopolitan

pinnacle raspberry vodka, cranberry juice, lime juice, triple sec

mint and mango margarita

tequila, mango puree, triple sec, sour mix

cucumber ginger cooler

hendricks gin, canton ginger, fresh cucumber, lime juice, agave nectar, soda

lychee grapefruit fizz

champagne, lychee liqueur, grapefruit juice

mai tai 12.50
don q rum, almond liqueur, orange juice, pineapple juice

skinny silver martini

white tequila, fresh lime, agave nectar

pineapple sage mojito

don q rum, mint leaves, sage leaves, sugar, lime, pineapple juice

tomahawk

tequila, triple sec, cranberry, pineapple

mango spice

pinnacle mango vodka, jalapeno peppers, mango puree

ginger pineapple martini

van gogh pineapple vodka, canton ginger, pineapple juice

adam & veev

veev açai, apple jack, lemon juice, sugar

red lotus

pinnacle vodka, lychee liqueur, cranberry

hpnoti q pain

pinnacle vodka, hpnoti q, passion fruit puree and champagne float

electric lemonade

pinnacle vodka, fresh lemon, blue curacao, soda

martinis

dirty - apple - espresso -
pomegranate - french - lychee
lemon drop - chocolate - pear

sours

whisky - amaretto - midori

mojitos

regular - lychee - ginger
watermelon - strawberry

pitchers

margarita cuervo gold 32.00 / patron 38.00

pimms cup 36.00

sangria red / white 28.00

mai tai don q rum, orange juice, pineapple juice,
almond liqueur 36.00

long island iced tea 36.00

ginger spiced mojito black beard spiced rum 38.00

peach kir-fizz van gogh peach vodka,
new age sparkling wine, peach puree 36.00

shooting gallery all shots 9.00

wild wet dream don q coco, blue curacao, midori

buttery nipple butterscotch schnapps, baileys

washington apple crown royal,
apple liqueur, cranberry

assisted suicide dark rum, jagermeister, coke

orange dreamsicle
pinnacle orange vodka, whipped cream

morphine drip amaretto, butterscotch schnapps, 151

just patron with lime and salt

fruit smoothies

mango, pineapple and coconut 5.95

banana and strawberry 5.95

banana and peanut butter 5.95

juices

fresh squeezed juice
orange, grapefruit 3.50

juice
v8, cranberry, pineapple, tomato 3.50

fuze
mango peach, banana colada, strawberry guava 3.00

BALANS mug 7.00

a 18% gratuity will be added to parties of 6 or more
Florida consumer advisory states that consumption of raw or undercooked meats, eggs, poultry or seafood may increase your risk to foodborne illnesses



beer

bud light 4.00

miche lob ultra 4.00

heineken 5.00

amstel light 5.00

stella artois 5.00

peroni 5.00

corona 5.00

corona light 5.00

blue moon 5.00

newcastle brown ale 5.00

guinness 5.00

grolsch (16-oz) 5.75

coors (non-alcoholic) 4.00

coffee

american coffee 2.75

espresso single / double 2.75 / 3.75

cappuccino / latte 3.75

hot chocolate / mocha
with whipped cream 3.50

iced cappuccino 3.75

loose leaf teas

served "hot" or "on the rocks" 2.75

- english breakfast
- peach
- sencha fukujyu
- chamomile
- chai
- earl grey

fresh brewed iced tea 2.50

sodas & water

red bull
(sugar free) 5.00

sodas 2.95

fiji still/solo sparkling mineral water
small - large 3.25 / 5.50