

cereal & fruit

fresh fruit bowl

yogurt and honey 7.50
with cottage cheese 8.50

oatmeal

cranberries and raisins 5.50

cornflakes/cheerios /all bran

bananas and strawberries
5.50

granola

cranberries, raisins and
orange honey yogurt 5.95



pancakes, french toast & bagels

bagel

with smoked salmon, cream
cheese, capers, onions,
lettuce & sliced tomato 8.95

pancakes or french toast

- with fresh fruit 7.50
- with strawberries
& bananas 8.50
- with bananas
& dulce de leche 7.50
- with two eggs 6.95
- with bacon 7.95
- with sausage 7.95

A 18% gratuity will be added to parties of 6 or more.

Florida consumer advisory states that consumption of raw or undercooked meats and seafood may increase your risk to foodborne illnesses.



B A L A N S

breakfast

eggs

two eggs

balans potatoes & toast
5.75

full breakfast

two eggs, sausage, bacon,
balans potatoes, cooked
tomato and toast 8.25

jumbo breakfast

two eggs, bacon, sausage,
balans potatoes, fruit and
3 mini pancakes with
pecan maple butter 9.50

steak and eggs

skirt steak, two eggs &
balans potatoes 13.95

cornbeef hash

2 eggs, cooked tomato
and toast 8.95

salmon royale

scrambled eggs on
toasted muffin 8.95

chorizo con papas

two fried eggs, spicy
chorizo with potatoes and
salsa fresca 7.95

croque madame

ham and swiss cheese
in toasted brioche bread,
fried egg and citrus tossed
greens 8.95

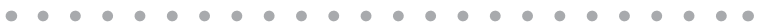
breakfast burrito

toasted flour tortilla,
scrambled eggs, salsa
fresca, pepperjack
cheese, scallions & sour
cream 9.25
add spinach 1.50
add chorizo or chicken 2.00

3 egg omelette

balans potatoes and toast
with one of the following
fillings: swiss, pepperjack,
cheddar, feta, mozzarella,
spinach, mushroom, ham,
tomatoes 7.95
each additional filling add 1.00

*no substitutions please specify your toast
preference and egg white option.*



benedicts

ham

poached eggs on toasted
muffin, balans potatoes
and hollandaise 8.75

bacon

poached eggs on toasted
muffin, balans potatoes
and hollandaise 8.75

florentine

spinach, poached eggs
on toasted muffin, balans
potatoes and hollandaise
8.75

smoked salmon

poached eggs on toasted
muffin, balans potatoes
and hollandaise 9.95

side orders

one egg (scrambled
eggs require 2 egg
minimum) 1.50

bacon or sausage
2.25

chicken 3.00

ham 2.00

cornbeef hash 4.50

tomato, mushroom
or spinach 1.50

toast (onion
sourdough or
whole wheat) 1.95

toasted bagel 1.95

cream cheese .80

yogurt 1.50

swiss, cheddar or
pepperjack cheese
1.50

mozzarella or feta
cheese 2.50

balans potatoes 3.00

side of fruit 3.50

smoked salmon 4.50

3 pancakes with
pecan maple butter
4.00

strawberries and
banana 3.00

granola 3.00

cereal 3.00

B A L A N S mug 7.00

cocktails

bellini 11.00

mimosa 8.00

kir royale 11.00

piper heidsieck
by the glass 11.00

bloody mary 8.00

fruit smoothies

mango, pineapple & coconut 5.95

banana & strawberry 5.95

banana & peanut butter 5.95

coffee

american coffee 2.25

espresso
single / double 2.25 / 3.25

cappuccino / latté 3.25

hot chocolate /
mocha with whipped cream 2.95

iced cappuccino 3.25

irish coffee
with whipped cream 8.00

b52 mocha
baileys, kahlua, grand marnier
and whipped cream 8.00

hazelnut latte
frangelico and whipped cream 8.00

juices

fresh squeezed juice orange, grapefruit 3.50

harney & sons orange & mango, cranberry or apple 3.50

teas

loose leaf teas served "hot" or "on the rocks" 2.25

- english breakfast
- peach
- sencha fukujiyu
- chamomile
- chai
- mint

harney & sons peach or green 3.95

fresh brewed iced tea 2.25

sodas & water

fiji spring or san pellegrino sodas 2.85

500ml / liter bottle 3.25 / 5.50

red bull (sugar free) 5.00