



BALANS

appetizers

grilled eggplant
tomato, garlic and aged gruyère 6.25

pot stickers
sambal oleck 6.95

saté skewered grilled marinated chicken, pickled cucumber, saté sauce 6.95

chicken quesadilla
pepper jack cheese, tomatillo salsa and sour cream 7.95

fried calamari
tropical tartare sauce 7.95

crabcake
mango salsa and chipotle remoulade 9.50

clams soffrito
steamed clams in white wine, shallots, garlic and parsley 8.50

greek platter
houmous, taramasalata, tzatziki, olives, dolmades and pita bread 8.95

salads

caesar salad romaine lettuce, grated parmesan, croutons and caesar dressing 6.95 / 8.95
add chicken 3.50 / add shrimp 6.00

tomato, basil & mozzarella
with arugula, onions and balsamic reduction 9.50
with prosciutto add 3.50

greek salad romaine lettuce, black olives, cucumber, tomatoes, onions, feta cheese and citrus dressing 10.95

chili beef salad grilled marinated beef, mixed greens, tomatoes, cucumbers, onions, thai mixed herbs and spicy thai soy dressing (*can be made with chicken or shrimp*) 15.50

blue cheese endive & fennel salad with iceberg lettuce, candied walnuts and citrus dressing 9.50

poached salmon niçoise, mixed greens, black olives, egg, tomato, potatoes, onions, peppers, green beans and citrus dressing 13.95

florida crab salad lump crab, pink grapefruit, orange, watermelon, mixed greens and mango lime dressing 15.50

chicken cobb salad
bacon, blue cheese, avocado, egg, tomatoes romaine lettuce and ranch dressing 13.95

north african chicken salad
marinated shredded chicken in spiced yogurt, tabouleh, orange, dates & walnuts 10.50

baja shrimp or chicken salad
grilled marinated chicken or shrimp, romaine lettuce, corn, bell peppers, avocado, black beans, fresh cilantro, tortilla strips, and cerano chili lime dressing 13.95

italian salad arugula, pepperdew peppers, pancetta, romaine lettuce, artichoke, red onion, cherry tomato, black olives, capers, shavings of parmigiano. red wine dressing 11.95

bang bang chicken mixed greens, shredded chicken, scallions, shredded carrot, shredded cucumber, bean sprouts, cilantro, and peanut chili dressing 10.50

pasta & noodles

penne all'arrabiata
chili, garlic, and tomato sauce 11.50
add chicken 3.50 / add shrimp 6.00

indonesian noodles
(with chicken or shrimp), egg noodles, carrots, cabbage, scallions, peanuts and sweet soy sauce 12.95

wild mushroom linguine
linguine pasta with oyster, shitake, crimini, portabello mushrooms, spinach, garlic and olive oil 11.95

crab linguine
lump crab meat, chili, garlic and parsley 15.50

orecchiette alla salsiccia e broccolini
with italian sausage, broccolini & gorgonzola 11.95

pumpkin & mascarpone tortellini
sautéed cherry tomatoes & herb cream sauce 14.95

lobster spaghetti
with pancetta and lobster cream 15.95

chicken, spinach & ricotta cannelloni
with tomato cream sauce 12.95

main courses

double baked cheese soufflé
with citrus tossed mixed greens 12.95

herb grilled chicken
sage butter, lemon herb potatoes and roasted tomatoes 15.50

thai red curry
(with chicken or shrimp) stir fried with roasted peanuts, thai spices, peppers, scallions and coconut cream on jasmine rice 15.50

tilapia channa masala
pan fried tilapia with indian garbanzo bean curry and mint yogurt 17.95

jambalaya
louisiana style rice with spicy chorizo sausage, shrimp, clams and calamari 19.50

chilean sea-bass
sweet pepper stew, crushed potatoes and gremolata 22.95

bbq baby back ribs
apple slaw and fries 19.50

churrasco chimichurri
with home fries 19.95

16oz ribeye steak
tamarind steak sauce 24.95

8 oz filet mignon
wild cherry pinot noir reduction, broccolini and mashed potatoes 28.95

sandwiches

balans US1 burger
with lettuce, tomato and onion on a toasted bun with fries choice of cheese (cheddar, swiss or blue) 9.50
for mozzarella or feta add 1.00
for avocado, bacon, mushroom or sauteed onions add 0.75

crab cake blt
panfried crabcake, bacon, lettuce, tomato, chipotle remoulade on a toasted bun with citrus tossed greens 12.95

chicken or mozzarella sandwich
fire roasted peppers, tomato, arugula and mayo on toasted ciabatta bread, citrus tossed mixed greens 8.95

ruben
corned beef, swiss cheese, sauerkraut and thousand island dressing on toasted onion bread 11.50

lobster club wrap
bacon, lettuce, tomato, florida cocktail sauce in a flour tortilla and citrus tossed greens 15.50

californian wrap
crabstick, nori, avocado, cucumber and wasabi mayonnaise in a rice paper wrap 10.95

croque madame
ham and swiss cheese in toasted brioche bread, fried egg and citrus tossed greens 8.95

side orders

sauteed mushrooms 3.50

steak fries 3.50

regular fries 3.50

wilted spinach with garlic 3.50

mashed potatoes 3.50

jasmine rice 3.50

green salad with balsamic dressing 4.95

sauteed broccolini 3.50

macaroni cheese 5.00

BALANS mug 7.00