

BALANS

aperitifs

bellini
prosecco & white peach
7.00

bucks fizz
glass 5.95
pitcher 16.95

perrier jouet
grand brut, nv
7.50

prosecco
jeio, nv
5.75

perrier jouet
blasson rose, nv
9.50

kir royale
champagne & cassis
7.50

martini
gin, vodka or flavoured
6.25

bloody mary
glass 5.95
pitcher 16.95

starters

buffalo mozzarella salad
vine tomatoes, sliced red onion
basil dressing
6.25

calamari
masa coated fried squid
garlic mayonnaise
6.50

shredded duck spring rolls
cucumber ribbons & hoi sin
5.50

seared scallops
pork belly, orange sweet soy glaze
6.50

foie gras & chicken liver terrine
balsamic red onion marmalade
sourdough toast
6.50

crayfish & avocado salad
iceberg lettuce & florida cocktail sauce
5.95

warm asparagus
poached egg & hollandaise
5.95

quesadilla
flour tortilla, pepperjack cheese
sour cream & salsa fresca
5.75

greek plate
stuffed vine leaves, lamb keftedes
houmous, olives & warm pitta
6.25

crab cakes
mango papaya salsa
chipotle remoulade
6.50

aubergine gratin
tomato, garlic & aged gruyere
5.50

pork gyozas
sambal olek dip
6.25

main courses

sea bass
crushed new potatoes, spinach
chive butter sauce
14.50

toulouse sausages
mash, caramelised apples & calvados jus
10.95

warm goats cheese salad
baby greens, smoked beets
hazelnut vinaigrette
10.50

herb grilled chicken
lemon roast potatoes, tender stem broccoli
lemon butter sauce
12.95

wild mushroom linguine
shallots, garlic, chilli & parsley
12.50

sesame tuna
tempura vegetables, fragrant rice
sticky ginger soy
14.50

smoked bbq pork belly
jalapeno corn muffin & apple slaw
12.50

10 oz balans burger
cheddar cheese, streaky bacon
house baked sesame bun, salad garnish
hand cut chips
10.95

steamed mussels
white wine, garlic, shallots & parsley
11.95

chicken & bacon cobb salad
watercress, avocado, blue cheese
cos lettuce & ranch dressing
10.95

roast vegetable cous cous
harissa & spiced mint yoghurt
10.50

10 oz rib eye steak
grilled field mushroom, tomato
hand cut chips & bernaise sauce
16.95

beer battered haddock
hand cut chips & mushy peas
11.95

thai curry (chicken or shrimp)
stir fried thai spices, onions
peppers, cashews, coconut cream
with fragrant rice or egg noodles
10.95

fillet steak
gratin potatoes, asparagus
truffle jus
19.50

crab linguine
spring onions, garlic, chilli & crab bisque
14.75

salmon salad
citrus tossed greens, new potatoes
dill, capers, saffron & chive yoghurt
11.95

seafood jambalaya
squid, shrimp, clams, mussels & chorizo
louisiana style rice
12.95

agnolotti of veal
spinach & truffle cream
12.95

smoked trout fishcakes
green bean, pea, red onion & mint salad
tartare sauce
11.95

pie of the day
mash, green beans & gravy
12.50

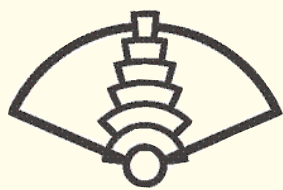
side orders 3.25

tomato & red onion salad
fries or hand cut chips
steamed asparagus

fragrant rice
green salad - house dressing
mash or crushed new potatoes

steamed french beans
saute garlic spinach
marinated olives

an optional service charge of 12.5% will be added to your bill
cheques not accepted



menu items may contain nuts or trace elements
WI-FI access available

SOHO CAFE
TEL: 020 7439 3309

SOHO
TEL: 020 7439 2183

EARL'S COURT
TEL: 020 7244 8838

KENSINGTON
TEL: 020 7376 0115

CHISWICK
TEL: 020 8742 1435

WESTFIELD
TEL: 020 8600 3320

B A L L A N S

white wines

btl/250ml/175ml

trebbiano chardonnay 2009/10 il banchetto, italy	14.50 / 5.10 / 3.60
chenin blanc chardonnay 2008/09 el lapiz, argentina	15.25 / 5.35 / 3.75
sauvignon blanc 2009/10 valdivieso, chile	15.95 / 5.60 / 4.00
pinot grigio 2009/10 ca marengo, italy	16.50 / 5.75 / 4.15
chardonnay 2009/10 thomas mitchell, australia	16.95 / 5.95 / 4.20
torrontes 2007/08 alamos, argentina	17.50 / 6.15 / 4.35
riff pinot grigio 2008/09 venezie terra alpina, italy	18.95 / 6.65 / 4.70
chenin blanc 2008/09 dry creek, u.s.a	19.50 / 6.85 / 4.80
riesling 2009/10 knapstein, australia	21.50 / 7.55 / 5.35
pinot gris 2009/10 spy valley, new zealand	23.95 / 8.40 / 5.95
sancerre 2009/10 les hospices, france	25.50 / 8.95 / 6.30
chablis 2007/08 domaine des marronniers, france	26.95 / 9.40 / 6.65
sauvignon blanc 2008/09 huia, new zealand	28.95
chardonnay/pinot grigio 2008/09 alouis lageder, australia	32.00
chassagne Montrachet 2008/09 les chaumes domaine roux, france	37.95

champagne

perrier jouet, nv grand brut 7.50 / 37.50
perrier jouet, nv blason rose 9.50 / 47.50
veuve clicquot, nv yellow label 48.50
laurent-perrier, nv cuvee rose 67.50
bollinger 2000/01 grande annee 78.00
dom perignon 2000/01 vintage brut 110.00

shooting gallery

all at 3.95

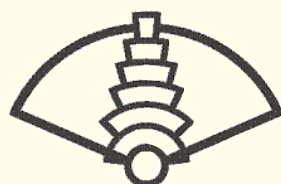
mini guinness kahlua & baileys
slippery nipple grenadine, white sambuca, baileys
baby woo woo absolut vodka, peach schnapps, cranberry juice
alice from dallas kahlua, grand marnier, tequila
brain haemorrhage grenadine, baileys, peach schnapps
assisted suicide dark rum, jagermeister, cola
black jack black sambuca, jack daniels
golden shooter drambuie, baileys, absolut vodka
thin red line sambuca, tequila, tabasco

cocktails

long island iced tea vodka, gin, light rum, tequila, triple sec, lemon juice, pepsi 6.10 / 16.55
sea breeze vodka, cranberry juice, grapefruit juice 6.10 / 16.55
woo woo peach schnapps, absolut vodka, cranberry juice 6.10 / 16.55
mai tai light & dark rums, triple sec, orgeat, lime juice, grenadine 6.10 / 16.55
tomahawk tequila, cointreau, cranberry & pineapple juices 6.10 / 16.55
mojito light rum, mint leaves, sugar syrup, lime juice, bitters, soda 6.25
martinis vodka or gin - classic or flavoured 6.25 / 8.25
cosmopolitan citrus vodka, cointreau, cranberry, lime squeeze 6.25 / 8.25
porn star martini vanilla vodka, vanilla sugar, passion fruit syrup passion fruit puree & champagne shot 7.85
caipirosca vodka, strawberry or raspberry, lime, sugar 6.25
caipirinha crushed lime wedges, sugar, cachaca 6.25
red lotus vodka, lychee liqueur & cranberry juice 6.25
sours whisky, amaretto, midori or pisco 6.10
berry vanilla vanilla flavoured vodka, creme de mure, lemon juice pressed apple juice, over crushed ice & berries 6.50
jamaican mule spiced rum, freshly squeezed lime juice, gomme, ginger beer 6.25
manhattan canadian club, sweet vermouth, bitters 6.25 / 8.25
weeping jesus absinthe, peach schnapps, grenadine, lemonade 6.75
sicilian kiss citrus vodka, lemoncello & sicilian lemonade over crushed ice, passion fruit liqueur 6.25

frozen cocktails

mango daiquiri light rum, lime juice, mango liqueur, mango puree 7.85
passion fruit daiquiri pineapple rum, passion fruit liqueur & passion fruit puree 7.85
strawberry cheesecake daiquiri malibu, cream, pineapple juice & strawberry puree 7.85
pina colada light rum, pineapple juice, coco lopez 7.85
margarita silver tequila, triple sec, lime juice (blended or shaken) 7.85
strawberry margarita silver tequila, triple sec, strawberry puree 7.85



red wines

btl/250ml/175ml

sangiovese 2009/10 il banchetto, italy	14.50 / 5.10 / 3.60
shiraz-malbec 2008/09 el lapiz, argentina	15.25 / 5.35 / 3.75
rioja tempranillo nv castillo de clavijo, spain	15.95 / 5.60 / 4.00
malbec 2009/2010 piropo, argentina	16.95 / 5.95 / 4.20
cabernet shiraz 2009/10 thomas mitchel, australia	17.50 / 6.15 / 4.35
merlot 2008/09 saint etalon, france	17.95 / 6.30 / 4.45
corvina cabernet sauvignon 2006/07 thesaurum, italy	18.50 / 6.50 / 4.60
reserve merlot 2008/09 valdivieso, chile	19.25 / 6.75 / 4.75
cotes de ventoux terres de truffes cave terraventoux, france	19.95 / 7.00 / 4.95
shiraz "the love grass" 2007/08 d'arenburg, australia	23.95 / 8.40 / 5.95
cabernet sauvignon merlot 2006/07 madfish, australia	24.95 / 8.75 / 6.20
rioja reserva 2004/05 dinastia vivanco, spain	26.95 / 9.40 / 6.65
pinot noir 2008/09 spy valley, new zealand	35.95
barolo 2005/06 riva leone, italy	39.95
les tourelles de longuerville 2006/07 pauillac, france	39.95

rose wine

malbec sangiovese rose 2009/10 graham beck, south africa	16.95 / 5.95 / 4.20
cotes de provence rose 2008/09 chateau d'astros, france	19.50
white from red shiraz 2009/10 kloovenburg, south africa	21.50

sparkling wine

jeio prosecco brut, italy	26.95 / 5.75
preece pinot noir - chardonnay brut, australia	24.95
graham beck rose brut, south africa	29.95

champagne cocktails

bellini prosecco, white peach puree	7.00
kir royale champagne, cassis	7.50
oriental bellini champagne, lychee liqueur, lychee puree	7.95
balans blush champagne, rose petal vodka, strawberry liqueur	7.50
classic champagne, sugar, bitters, brandy	7.95

from the bar

beers from	3.50	smirnoff ice	3.25
spirits (50ml from)	4.10	mixers	0.95

hot & cold drinks

teas & coffees	from 1.95
mineral water	750ml bottle 3.05 330ml bottle 1.50

SOHO CAFE

TEL: 020 7439 3309

SOHO

TEL: 020 7439 2183

EARL'S COURT

TEL: 020 7244 8838

KENSINGTON

TEL: 020 7376 0115

CHISWICK

TEL: 020 8742 1435

WESTFIELD

TEL: 020 8600 3320