

BALANS

aperitifs

bellini
prosecco & white peach
7.85

bucks fizz
glass 6.75
pitcher 17.75

perrier jouet
grand brut, nv
8.95

prosecco
jeio, nv
6.50

perrier jouet
blason rose, nv
10.35

kir royale
champagne & cassis
8.95

martini
gin, vodka or flavoured
6.85

bloody mary
glass 6.60
pitcher 17.95

starters

quesadilla
flour tortilla, pepper jack cheese
sour cream & salsa fresca
5.75

seared scallops
pork belly, orange sweet soy glaze
6.75

cajun breaded brie
quince chilli jam
5.95

warm mackerel & beetroot salad
new potatoes, mixed leaves, walnuts
horseradish vinaigrette
6.25

buffalo mozzarella
sliced tomatoes, basil olive oil
crisp bread
6.50

calamari
masa coated fried squid, garlic mayonnaise
6.50

crab cakes
mango papaya salsa & chipotle remoulade
6.50

albondigas
minced pork & beef meatballs
chipotle chilli tomato sauce
6.75

greek plate
tzatziki, houmous, taramasalata
feta, kalamata olives & flat bread
6.25

shredded duck spring rolls
cucumber ribbons & hoi sin
5.75

chicken gyoza
sambal olek dip
6.75

truffled chicken liver parfait
balsamic red onion marmalade
sourdough toast
6.75

main courses

toulouse sausages
garlic rosemary mash, shallots
calvados reduction
13.50

sea bass
crushed new potatoes, spinach
chive butter sauce
15.95

lamb rump
en croute, wilted spinach
redcurrant & rosemary jus
16.50

sesame tuna
tempura vegetables, fragrant rice
sticky ginger soy
15.95

blackened salmon
steamed broccoli & hollandaise
16.50

penne all'arrabiata
chilli, garlic & pomodoro sauce
10.50

pie of the day
mash, green beans & gravy
(fish pie served with beurre blanc)
12.95

10 oz balans burger
cheddar cheese, streaky bacon
house baked sesame bun, salad garnish
hand cut chips
11.50

8 oz fillet steak
anna potatoes, wild mushrooms
madeira jus
28.50

confit duck leg
parsnip mash, sour cherry sauce
game chips
14.95

10 oz rib eye steak
choice of one side order
sauce selection:
peppercorn, bbq or bernaise
22.50

crab linguine
crab meat, chilli, garlic & parsley
14.75

thai curry (chicken or shrimp)
stir fried thai spices, onions
peppers, cashews, coconut cream
with fragrant rice or egg noodles
10.95

herb chicken supreme
lemon roast potatoes, broccoli
lemon butter sauce
13.95

smoked trout fishcakes
green bean, pea, red onion & mint salad
house tartare
12.95

chicken & bacon cobb salad
watercress, avocado, blue cheese
cos lettuce & ranch dressing
11.50

seafood jambalaya
squid, shrimp, clams, mussels & chorizo
louisiana style rice
13.50

beer battered haddock
hand cut chips & mushy peas
11.95

fusilli
feta, kalamata olives & pistachio pesto
10.95

warm goats cheese salad
baby greens, smoked beets
croutons & hazelnut vinaigrette
10.95

side orders 3.25

tomato & red onion salad
fries or hand cut chips
mash or new potatoes

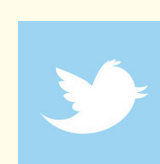
fragrant rice
green salad - house dressing
steamed broccoli

steamed french beans
saute garlic spinach
marinated olives

an optional service charge of 12.5% will be added to your bill
cheques not accepted
menu items may contain nuts or trace elements
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BALANS

white wines

btl/250ml/175ml

trebbiano chardonnay 2010/11 il banchetto, italy	16.95 / 5.95 / 4.20
garganega/pinot grigio 2009/10 operetto, italy	17.95 / 6.30 / 4.45
sauvignon blanc 2010/11 valdivieso, chile	18.95 / 6.65 / 4.70
seleccion chardonnay 2009/10 argento, argentina	19.50 / 6.80 / 4.80
verdejo 2009/10 cuatro rayas, spain	19.95 / 7.00 / 4.95
viognier 2009/10 de l'hospitalet igp d'orc, france	20.50 / 7.20 / 5.05
riff pinot grigio 2009/10 venezie terra alpina, italy	20.95 / 7.35 / 5.15
chenin blanc 2009/10 dry creek, u.s.a	21.95 / 7.70 / 5.40
riesling 2009/10 knapstein, australia	23.95 / 8.40 / 5.90
pinot gris 2009/10 spy valley, new zealand	26.75 / 9.35 / 6.60
sancerre 2009/10 les hospices, france	28.50 / 9.95 / 7.05
chablis 2008/09 domaine des marronniers, france	30.95 / 10.85 / 7.65
sauvignon blanc 2010/11 huia, new zealand	36.00
chardonnay/pinot grigio 2009/10 alois lageder, australia	38.00
chassagne Montrachet 2008/09 les chaumes domaine roux, france	44.00

champagne

perrier jouet, nv grand brut	8.95 / 44.75
perrier jouet, nv blason rose	10.35 / 51.75
veuve clicquot, nv yellow label	55.00
laurent-perrier, nv cuvee rose	75.00
bollinger 2000/01 grande annee	85.00
dom perignon 2002/03 vintage brut	145.00

shooting gallery all at 4.25

mini guinness kahlua & baileys
slippery nipple grenadine, white sambuca, baileys
baby woo woo absolut vodka, peach schnapps, cranberry juice
alice from dallas kahlua, grand marnier, tequila
brain haemorrhage grenadine, baileys, peach schnapps
assisted suicide dark rum, jagermeister, cola
black jack black sambuca, jack daniels
golden shooter drambuie, baileys, absolut vodka
thin red line sambuca, tequila, tabasco

cocktails

long island iced tea vodka, gin, light rum, tequila, triple sec, lemon juice, pepsi	6.95 / 18.55
sea breeze vodka, cranberry juice, grapefruit juice	6.95 / 18.55
woo woo peach schnapps, absolut vodka, cranberry juice	6.95 / 18.55
mai tai light & dark rums, pineapple & orange juices, grenadine	6.95 / 18.55
tomahawk tequila, cointreau, cranberry & pineapple juices	6.95 / 18.55
mojito light rum, mint leaves, sugar syrup, lime juice, bitters, soda	6.95
martinis vodka or gin - classic or flavoured	6.85 / 8.75
cosmopolitan citrus vodka, cointreau, cranberry, lime squeeze	6.85 / 8.75
porn star martini vodka, vanilla sugar, vanilla syrup passion fruit puree & champagne shot	8.25
caipirosca vodka, strawberry or raspberry, lime, sugar	6.95
caipirinha crushed lime wedges, sugar, cachaca	6.95
red lotus vodka, lychee liqueur & cranberry juice	6.95
sours whisky, amaretto, midori or pisco	6.75
berry vanilla vanilla flavoured vodka, creme de mure, lemon juice pressed apple juice, over crushed ice & berries	7.25
jamaican mule spiced rum, freshly squeezed lime juice, gomme, ginger beer	6.85
manhattan canadian club, sweet vermouth, bitters	6.85 / 8.75
weeping jesus absinthe, peach schnapps, grenadine, lemonade	7.35
sicilian kiss citrus vodka, lemoncello & sicilian lemonade over crushed ice, passion fruit liqueur	6.85

frozen cocktails

mango daiquiri light rum, lime juice, mango liqueur, mango puree	8.75
passion fruit daiquiri pineapple rum, passion fruit liqueur & passion fruit puree	8.75
strawberry cheesecake daiquiri malibu, cream, pineapple juice & strawberry puree	8.75
pina colada light rum, pineapple juice, coco lopez, cream	8.75
margarita silver tequila, triple sec, lime puree (blended or shaken)	8.75
strawberry margarita silver tequila, triple sec, strawberry puree	8.75

red wines

btl/250ml/175ml

sangiovese 2010/11 il banchetto, italy	16.95 / 5.95 / 4.20
shiraz-petit verdot 2010/11 bush telegraph, australia	17.95 / 6.30 / 4.45
rioja tempranillo nv castillo de clavijo, spain	18.95 / 6.65 / 4.70
carmenere seleccionados 2009/10 chilcas, chile	19.50 / 6.80 / 4.80
merlot 2009/10 saint etalon, france	19.95 / 7.00 / 4.95
seleccion malbec 2010/11 argento, argentina	20.50 / 7.20 / 5.05
corvina cabernet sauvignon 2008/09 thesaurum, italy	20.95 / 7.35 / 5.15
reserve merlot 2008/09 valdivieso, chile	22.50 / 7.85 / 5.55
cotes de ventoux terres de truffes cave terraventoux, france	23.95 / 8.40 / 5.90
shiraz "the love grass" 2008/09 d'arenburg, australia	26.95 / 9.45 / 6.65
cabernet sauvignon merlot 2008/09 madfish, australia	28.50 / 9.95 / 7.05
rioja reserva 2004/05 dinastia vivanco, spain	30.95 / 10.85 / 7.65
pinot noir 2009/10 spy valley, new zealand	40.00
barolo 2007/08 riva leone, italy	43.50
les tourelles de longuerville 2006/07 pauillac, france	45.00

rose wine

malbec sangiovese rose 2010/11 graham beck, south africa	19.95 / 7.00 / 4.95
cotes de provence rose 2009/10 chateau d'astros, france	23.95
shiraz rose 2010/11 kloovenburg, south africa	26.50

sparkling wine

jeio prosecco brut, italy	32.00 / 6.50
preece pinot noir - chardonnay brut, australia	28.00
graham beck rose brut, south africa	33.00

champagne cocktails

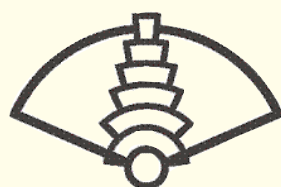
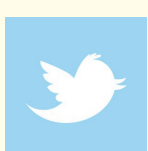
bellini prosecco, white peach puree	7.85
kir royale champagne, cassis	8.95
oriental bellini champagne, lychee liqueur, lychee puree	8.95
balans blush champagne, rose petal vodka, strawberry liqueur	8.95
classic champagne, sugar, bitters, brandy	9.25

from the bar

beers from	3.85	smirnoff ice	3.40
spirits (50ml from)	4.50	mixers	1.20

hot & cold drinks

teas & coffees	from 1.95
mineral water	
750ml bottle	3.25
330ml bottle	1.75



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