

BALANS

aperitifs

martini
gin, vodka or flavoured
5.95

prosecco
5.50

perrier jouet
blason rose, nv
9.50

bucks fizz
glass 5.95

perrier jouet
grand brut, nv
7.25

bloody mary
glass 5.95

bellini
prosecco & white peach
7.25

kir royale
7.25

starters

crispy calamari
lemon mayo & sweet chilli dips
5.95

greek plate
stuffed vine leaves, lamb keftedes
houmous, olives & warm pitta
6.50

potato, spinach & feta samosas
tamarind dip
5.50

foie gras & chicken liver terrine
cranberry onion marmalade & toast
6.50

shredded duck spring rolls
cucumber ribbons & hoi sin
5.95

crab cakes
mango papaya salsa
chipotle remoulade
6.95

sate tiger shrimp
pickled cucumber, spicy peanut dip
5.95

quesadilla
flour tortilla, pepperjack cheese
sour cream & salsa fresca
5.95

pork gyozas
sambal olek dip
6.25

main courses

north african marinated chicken
toasted almond & raisin cous cous
harrisa & mint yoghurt
12.95

wild mushroom linguine
shallots, garlic, chilli & parsley
12.95

10 oz rib eye steak
hand cut chips & bernaise
17.95

wild boar sausages
celeriac mash & onion gravy
11.95

beer battered haddock
hand cut chips & mushy peas
12.95

thai curry (chicken or shrimp)
stir fried thai spices, onions
peppers, cashews, coconut cream
jasmine rice or egg noodles
11.95

10 oz balans burger
pure ground beef, cheddar cheese
streaky bacon, salad ganish & fries
10.95

half boneless chicken
lemon & rosemary potatoes, salsa verde
12.95

salmon fishcakes
wilted spinach & chive butter sauce
12.95

breakfast

full english
two free range eggs with toast
tomato, field mushroom, beans
bacon, sausage & balans potatoes
9.25

steak & eggs
skirt steak, balans potatoes
two free range eggs of your choice
11.95

eggs benedict bacon
poached egg/s on toasted muffin
bacon & hollandaise
sgl 5.50 / dbl 7.95

blueberry pancakes
fresh fruit or bacon & maple syrup
7.25

berry bowl
greek yoghurt, mixed berries
english honey
5.50

salmon & eggs
smoked scotch salmon, scrambled eggs
granary toast
8.50

eggs benedict salmon
poached egg/s on toasted muffin
smoked scotch salmon & hollandaise
sgl 5.95 / dbl 8.50

three egg omelette
with two fillings & balans potatoes
7.95
mushroom, tomato, ham, spinach
smoked salmon, swiss cheese, mozzarella

breakfast burrito
spiced scrambled eggs
toasted tortilla, pepperjack cheese
salsa fresca & sour cream
7.75

ham & eggs
gammon steak, balans potatoes
two free range eggs of your choice
9.95

eggs benedict florentine
poached egg/s on toasted muffin
steamed leaf spinach & hollandaise
sgl 5.50 / dbl 7.95

corned beef hash
poached eggs & fire roasted tomatoes
9.95

side orders

balans potatoes or fries 3.00
extra toast 1.20
grilled tomatoes 1.20

cumberland sausage 1.60
two rashers of bacon 1.60
field mushrooms 1.20

heinz baked beans 1.20
single blueberry pancake 1.50
extra free range egg 1.00

an optional service charge of 12.5% will be added to your bill
cheques not accepted



menu items may contain nuts or trace elements
WI-FI access available

SOHO CAFE
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KENSINGTON
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CHISWICK
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WESTFIELD
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B A L L A N S

white wines

btl./250ml./175ml.

chenin blanc chardonnay 2008/09 el lapiz, argentina	14.50 / 5.15 / 3.60
sauvignon chenin 2008/09 tortoise mountain, south africa	15.50 / 5.65 / 4.00
sauvignon blanc 2008/09 valdivieso, chile	17.50 / 6.25 / 4.40
pinot grigio 2007/08 ca marengo, italy	17.95 / 6.50 / 4.55
chardonnay 2008/09 thomas mitchel, australia	18.95 / 6.80 / 4.80
torrontes 2007/08 alamos, argentina	18.95 / 6.80 / 4.80
riff pinot grigio 2007/08 alois lageder, italy	20.50 / 7.30 / 5.15
chenin blanc 2007/08 dry creek, USA	21.50 / 7.70 / 5.45
riesling 2007/08 madfish, australia	21.95 / 7.85 / 5.60
sancerre 2007/08 domaine de la chezatte, france	24.95 / 8.75 / 6.10
pinot gris 2007/08 spy valley, new zealand	25.95 / 8.95 / 6.20
chablis 2007/08 la jouchere, france	26.95 / 9.30 / 6.55
sauvignon blanc 2007/08 huia, new zealand	29.00
chardonnay reserve 2007/08 stonier, australia	35.00
chassagne Montrachet 2006/07 nicolas potel, france	42.00

champagne

perrier jouet grand brut, nv 7.25 / 35.95
perrier jouet blason rose, nv 9.50 / 47.50
veuve clicquot yellow label, nv 45.95
laurent-perrier rose brut, nv 59.95
bollinger 1999 grande annee 85.00
dom perignon 2000 vintage 110.00

shooting gallery

all at 3.95

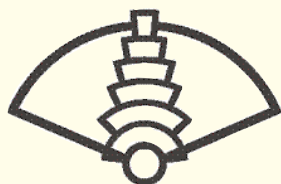
mini guinness kahlua & baileys
slippery nipple grenadine, white sambuca, baileys
baby woo woo absolut vodka, peach schnapps, cranberry juice
cement mixer baileys, cranberry juice
brain haemorrhage grenadine, baileys, peach schnapps
the geek absolut citron, chambord
black jack black sambuca, jack daniels
golden shooter drambuie, baileys, absolut vodka
thin red line sambuca, tequila, tabasco

cocktails

long island iced tea vodka, gin, light rum, tequila, triple sec, lemon juice, pepsi 5.95 / 16.95
sea breeze vodka, cranberry juice, grapefruit juice 5.95 / 16.25
woo woo peach schnapps, absolut vodka, cranberry juice 5.95 / 16.95
mai tai light & dark rums, triple sec, orgeat, lime juice, grenadine 5.95 / 15.95
pimms pimms, lemonade, mint, fresh strawberries, cucumber 4.95 / 13.50
mojito light rum, mint leaves, sugar syrup, lime juice, bitters, soda 6.50
martinis vodka or gin - classic or flavoured 5.95 / 7.95
cosmopolitan citrus vodka, cointreau, cranberry, lime squeeze 5.95 / 7.95
porn star martini vanilla vodka, vanilla sugar, passion fruit syrup passion fruit puree & champagne shot 7.95
caipirosca vodka, strawberry or raspberry, lime, sugar 6.95
caipirinha crushed lime wedges, sugar, cachaca 6.95
singapore sling gin, cointreau, benedictine, cherry brandy lime, orange & pineapple juices 5.95
sours whisky, amaretto, midori or pisco 5.95
berry vanilla vanilla flavoured vodka, creme de mure, lemon juice pressed apple juice, over crushed ice & berries 6.75
dirty banana tia maria, creme de banane & cream 5.95 / 7.95
manhattan canadian club, sweet vermouth, bitters 5.95 / 7.95
weeping jesus absinthe, peach schnapps, grenadine, lemonade 6.50
sicilian kiss citrus vodka, lemoncello & sicilian lemonade over crushed ice, passion fruit liqueur 5.95

frozen cocktails

strawberry daiquiri light rum, cherry brandy, strawberry liqueur grenadine, strawberry puree 7.95
passion fruit daiquiri pineapple rum, passion fruit liqueur & passion fruit puree 7.95
mango daiquiri pineapple rum, mango fruit liqueur & mango fruit puree 7.95
pina colada light rum, pineapple juice, coco lopez 7.95
margarita silver tequila, triple sec, lime juice (blended or shaken) 7.95
strawberry margarita silver tequila, triple sec, strawberry puree 7.95



red wines

btl./250ml./175ml.

shiraz malbec 2007/08 el lapiz, argentina	14.50 / 5.15 / 3.60
pinotage cinsault 2006/07 montestell, south africa	15.50 / 5.65 / 4.00
rioja tempranillo castillo de clavijo, spain	16.50 / 5.95 / 4.20
malbec 2008/09 piropo, argentina	17.50 / 6.25 / 4.40
cabernet shiraz 2007/08 thomas mitchel, australia	18.50 / 6.65 / 4.75
corvina cabernet sauvignon 2005/06 thesaurum, italy	18.95 / 6.80 / 4.85
cotes de ventoux terres de truffes cave terraventoux, france	19.50 / 7.05 / 4.95
merlot 2007/08 preece, australia	19.95 / 7.15 / 5.05
reserve merlot 2005/06 valdivieso, chile	22.50 / 8.00 / 5.70
shiraz "the love grass" 2006/07 d'arenburg, australia	23.50 / 8.30 / 5.90
cabernet sauvignon merlot 2006/07 knapstein, australia	24.95 / 8.75 / 6.10
rioja reserva 2001/02 dinastia vivanco, spain	26.95 / 9.30 / 6.35
ceppaiano alle viole 2005/06 pontedera, italy	34.95
pinot noir 2006/07 spy valley, new zealand	38.00
les tourelles de longuerville 2004/05 pauillac, france	42.00

rose wine

pinotage malbec sangiovese rose 2008/09 graham beck, south africa	17.95 / 6.50 / 4.70
cotes de provence rose 2007/08 chateau d'astros, france	21.95
white from red shiraz 2008/09 kloovenburg, south africa	25.95

sparkling wine

jeio prosecco brut, italy	25.95 / 5.50
preece pinot noir - chardonnay brut, australia	23.50
graham beck rose brut, south africa	27.95

champagne cocktails

bellini prosecco, white peach puree	7.25
kir royale champagne, chambord	7.25
mimosa champagne, orange juice, grand marnier	6.50
balans blush champagne, rose petal vodka, strawberry liqueur	6.95
classic champagne, sugar, bitters, brandy	7.95

from the bar

beers from	3.25	smirnoff ice	3.40
spirits (50ml from)	4.50	mixers	0.95

hot & cold drinks

teas and coffees	from 1.80
mineral water	750ml bottle 2.95 330ml bottle 1.40

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