

BALANS

aperitifs

perrier jouet

grand brut, nv
8.95

prosecco

jeio, nv
6.50

perrier jouet

blason rose, nv
10.35

bucks fizz

glass 6.75
pitcher 17.75

martini

gin, vodka or flavoured
6.85

bloody mary

glass 6.60
pitcher 17.95

bellini

prosecco & white peach
7.85

kir royale

champagne & cassis
8.95

starters

greek plate

tzatziki, houmous, taramasalata
feta, kalamata olives & flat bread
6.50

calamari

masa coated fried squid
garlic mayonnaise
6.75

shredded duck spring rolls

cucumber ribbons & hoi sin
5.95

buffalo mozzarella

sliced tomatoes, basil olive oil
crisp bread
6.25

warm mackerel & beetroot salad

new potatoes, mixed leaves, walnuts
horseradish vinaigrette
6.25

chicken gyoza

sambal olek dip
6.50

quesadilla

flour tortilla, pepper jack cheese
sour cream & salsa fresca
5.95

crab cakes

mango papaya salsa
chipotle remoulade
6.50

seared scallops

pork belly, orange sweet soy glaze
6.95

main courses

lamb rump

en croute, wilted spinach
redcurrant & rosemary jus
16.95

sea bass

crushed new potatoes, spinach
chive butter sauce
15.95

crab linguine

crab meat, chilli, garlic & parsley
14.75

herb chicken supreme

lemon roast potatoes, broccoli
lemon butter sauce
13.95

10 oz balans burger

cheddar cheese, streaky bacon
house baked sesame bun, salad garnish
hand cut chips
10.95

warm goats cheese salad

baby greens, smoked beets
croutons & hazelnut vinaigrette
10.50

sesame tuna

tempura vegetables, fragrant rice
sticky ginger soy
15.50

fusilli

feta, kalamata olives & pistachio pesto
10.95

chicken & bacon cobb salad

watercress, avocado, blue cheese
cos lettuce & ranch dressing
11.95

thai curry (chicken or shrimp)

stir fried thai spices, onions
peppers, cashews, coconut cream
with fragrant rice or egg noodles
10.95

seafood jambalaya

squid, shrimp, clams, mussels & chorizo
louisiana style rice
13.95

smoked trout fishcakes

green bean, pea, red onion & mint salad
house tartare
12.95

beer battered haddock

hand cut chips & mushy peas
12.95

confit duck leg

parsnip mash, sour cherry jus
game chips
13.95

10 oz rib eye steak

choice of one side
sauce selection:
peppercorn, bbq or bernaise
22.95

side orders 3.25

steamed broccoli

tomato & red onion salad

fries or hand cut chips

fragrant rice

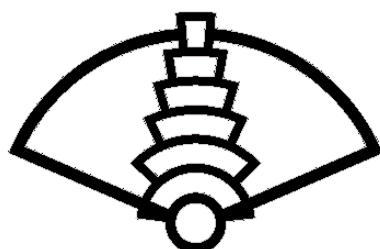
marinated olives

green salad ~ house dressing

crushed new potatoes

steamed french beans

saute garlic spinach



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an optional service charge of 12.5% will be added to your bill
cheques not accepted
menu items may contain nuts or trace elements
Wi-Fi access available



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white wines

	btl / 250ml / 175ml
trebbiano chardonnay 2010/11 il banchetto, italy	16.50 / 5.75 / 4.10
sauvignon blanc 2011/12 valdivieso, chile	17.75 / 6.20 / 4.40
seleccion chardonnay 2010/11 argento, argentina	18.50 / 6.40 / 4.50
verdejo 2010/11 cuatro rayas, spain	18.95 / 6.65 / 4.70
riff pinot grigio 2010/11 venezie terra alpina, italy	19.95 / 6.95 / 4.90
riesling 2010/11 knappstein, australia	22.95 / 8.05 / 5.65
pinot gris 2010/11 spy valley, new zealand	25.95 / 9.00 / 6.35
sancerre 2010/11 les hospices, france	27.50
chablis 2009/10 domaine des marronniers, france	29.75

cocktails

bellini prosecco, white peach puree	7.85
sea breeze vodka, cranberry juice, grapefruit juice	6.95 / 18.55
woo woo peach schnapps, absolut vodka, cranberry juice	6.95 / 18.55
mai tai light & dark rums, grenadine pineapple & orange juices	6.95 / 18.55
porn star martini vodka, vanilla sugar, vanilla syrup passion fruit puree & champagne shot	8.25
mojito light rum, mint leaves, sugar syrup lime juice, bitters, soda	6.95
martinis vodka or gin - classic or flavoured	6.85 / 8.75
long island iced tea vodka, gin, light rum, tequila, triple sec lemon juice, pepsi	6.95 / 18.55
tomahawk tequila, cointreau, cranberry & pineapple juices	6.95 / 18.55
jamaican mule spiced rum, freshly squeezed lime juice gomme, ginger beer	6.85
kir royale champagne, cassis	8.95
caipirosca vodka, strawberry or raspberry, lime, sugar	6.95
caipirinha crushed lime wedges, sugar, cachaca	6.95
sours whisky, amaretto, midori or pisco	6.75
berry vanilla vanilla flavoured vodka, creme de mure lemon juice, pressed apple juice over crushed ice & berries	7.25
red lotus vodka, lychee liqueur & cranberry juice	6.95
sicilian kiss citrus vodka, lemoncello & sicilian lemonade over crushed ice, passion fruit liqueur	6.85
cosmopolitan citrus vodka, cointreau, cranberry lime squeeze	6.85 / 8.75
weeping jesus absinthe, peach schnapps, grenadine lemonade	7.35
manhattan canadian club, sweet vermouth, bitters	6.85 / 8.75

red wines

	btl / 250ml / 175ml
sangiovese 2010/11 il banchetto, italy	16.50 / 5.75 / 4.10
rioja tempranillo nv castillo de clavijo, spain	17.95 / 6.30 / 4.20
merlot 2009/10 saint etalon, france	18.95 / 6.65 / 4.70
seleccion malbec 2010/11 argento, argentina	19.50 / 6.85 / 4.80
reserve merlot 2008/09 valdivieso, chile	21.50 / 7.50 / 5.30
shiraz "the love grass" 2008/09 d'arenburg, australia	25.95 / 9.10 / 6.40
rioja reserva 2005/06 dinastia vivanco, spain	29.95 / 10.50 / 7.40
pinot noir 2010/11 spy valley, new zealand	39.00
barolo 2007/08 riva leone, italy	43.00

champagne & sparkling wine

perrier jouet, nv grand brut	8.95 / 44.75
perrier jouet, nv blason rose	10.35 / 51.75
veuve clicquot, nv yellow label	55.00
laurent-perrier, nv cuvee rose	75.00
jeio prosecco, nv brut	6.50 / 32.00
dom perignon 2002/03 vintage brut	145.00

frozen cocktails

mango daiquiri light rum, lime juice, mango liqueur mango puree	8.75
passion fruit daiquiri pineapple rum, passion fruit liqueur passion fruit puree	8.75
strawberry cheesecake daiquiri malibu, cream, pineapple juice strawberry puree	8.75
pina colada light rum, pineapple juice coco lopez, cream	8.75
margarita silver tequila, triple sec, lime puree (blended or shaken)	8.75
strawberry margarita silver tequila, triple sec strawberry puree	8.75

rose wine

malbec sangiovese rose 2011/12 graham beck, south africa	19.00 / 6.45 / 4.70
cotes de provence rose 2010/11 chateau d'astros, france	22.50

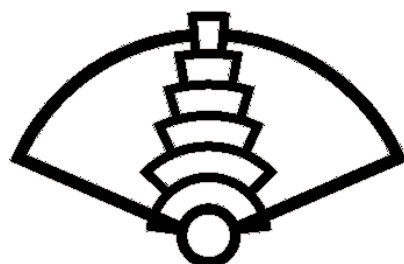
fresh fruit juices & smoothies

fresh orange, grapefruit or apple juice	2.85
mixed berry smoothie	3.95
strawberry & banana smoothie	3.95

hot & cold drinks

all loose leaf teas are served in a refillable glass tea-iere

filter coffee	1.95
americano	2.40
espresso	1.95
latte	2.40
mocha	2.85
dbl espresso	2.40
cappuccino	2.40
hot chocolate	2.95
earl grey	2.95
green tea	2.95
moroccan mint	2.95
peppermint tea	2.95
english breakfast	2.90
chamomile flower	2.95
coke	3.05
diet coke	3.05
mineral water 750ml bottle	3.25
330ml bottle	1.75
beers from	3.85
spirits (50ml from)	4.50
mixers	1.20



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