

BALANS

appetizers

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| crispy shrimp rolls sweet soy dipping sauce 8.25 | fried calamari spicy tomato sauce 7.95 | crab cakes tropical tartar 9.50 | soup of the day daily price |
| spicy chicken quesadilla pepper jack cheese, tomatillo salsa and sour cream 7.95 | smoked salmon and goat cheese mousse crispy filo pastry, blueberry sauce 8.25 | greek plate houmous, taramasalata, melitzana and pita bread 7.95 | pot stickers panfried pork dumplings with sambal oleck 6.50 |

salads

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| green salad honey miso dressing 4.95 / 6.95 | jerk chicken salad romaine lettuce, pineapple, onions, sweetcorn, black beans and honey mustard vinaigrette 13.95 | curry chicken salad mixed greens, cucumber and mint yogurt 13.50 |
| teriyaki calamari and bay scallop beans sprouts, cucumber, mixed greens and ginger miso dressing 13.95 | chili beef salad mixed greens, tomatoes, cucumbers, onions, thai mixed herbs and spicy thai soy dressing (can be made with chicken, tofu or shrimp) 15.50 | tuna niçoise grilled tuna steak, mixed greens, black olives, egg, onions, anchovies, potatoes, peppers, green beans, lemon dressing 19.95 |
| greek salad romaine lettuce, black olives, cucumber, tomatoes, onions, feta cheese and lemon dressing 11.50 | mozzarella and tomato arugula, chopped onions, basil, olive oil and balsamic reduction 8.95 with prosciutto add 3.50 | turkey Cobb salad bacon, blue cheese, avocado, egg, tomatoes romaine lettuce and ranch dressing 13.50 |
| caesar salad romaine lettuce, grated parmesan, croutons and caesar dressing 6.95 / 8.95 | | portobello mushroom salad spinach, sundried tomatoes, goat cheese and balsamic dressing 13.50 |

main courses

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| sweet potato soufflé four cheese sauce, sautéed spinach and crispy leeks 12.95 | filet mignon potato gratin, asparagus and green peppercorn sauce 28.95 | stir fry chicken peppers, ginger, garlic, scallions, chili, thai basil, onions and steamed rice 13.95 |
| chilean sea bass baked in a herb crust with tomatoes, crushed potatoes and basil oil 22.95 | smoked mozzarella stuffed chicken breast herb polenta and marsala cream sauce 17.95 | duck breast hoisin glazed with bok choy and vegetable spring roll 19.95 |
| lamb jalfrazi spicy lamb curry with mint raita, popadom and rice 17.50 | teriyaki tuna bok choy and shitake mushrooms with wasabi sauce 19.95 | bangers and mash caramelized onions and gravy 13.50 |
| skirt steak grilled vegetables, steak fries and chimichurri sauce 19.95 | | lamb shank roasted vegetables and thyme jus 18.50 |

pasta and noodles

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| pumpkin mascarpone tortellini with sautéed tomatoes and herb cream sauce 14.95 | fettucini with pomodoro or Alfredo sauce 11.95 | penne with feta, olives and pesto sauce 14.95 |
| indonesian noodles egg noodles, chicken, celery, carrots, cabbage scallions, peanuts and sweet soy sauce 13.95 | canneloni chicken, spinach and ricotta tomato cream sauce 14.50 | linguini with mixed seafood and tomato white wine sauce 17.95 |

sandwiches and wraps

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| steak sandwich sauteed onions, lettuce, tomato, grain mustard mayonnaise on toasted foccacia with fries 14.95 | lobster club wrap lobster, bacon, lettuce, tomato and florida cocktail sauce 15.50 | mozzarella prosciutto sandwich arugula, tomatoes, roasted red peppers and pesto on toasted foccacia 11.50 |
| chicken breast sandwich fire roasted peppers, tomato, arugula and mayonnaise on toasted foccacia 9.50 | soft shell crab sandwich lettuce, tomato and tropical tartar sauce on a toasted bun with pickled gherkin 9.95 | US1 burger charbroiled prime beef, swiss cheese, avocado, bacon, lettuce and tomato on a toasted bun and fries 9.95 |

side orders

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| add chicken 3.50 | mushrooms 3.50 | regular fries 3.50 | steak fries 3.50 | onion rings 3.50 |
| add shrimp (3) 6.00 | grilled vegetables 3.50 | wilted spinach with garlic 3.50 | mashed potatoes- plain or with garlic 3.50 | steamed rice 3.50 |

a 15% gratuity will be added to all checks

breakfast special

\$2 off all breakfasts
monday - friday 8am - 11.30am
excluding holidays and special events,
december 20th to january 5th



www.balans.co.uk

SOHO - KENSINGTON - CHELSEA - CHISWICK - MIAMI

early bird special

\$2 off all entrées
monday - friday 4pm - 7pm
excluding holidays and special events,
december 20th to january 5th

BALANS

white wines

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|---|--------------|
| chardonnay paso del sol, maipo, chile | 22.00 / 7.00 |
| pinot grigio ecco domani, italy | 22.00 / 7.00 |
| sauvignon blanc whitehaven, new zealand | 30.00 / 8.00 |
| viognier/chardonnay estampa estate, chile | 25.00 / 7.50 |
| vouvray premiere, loire valley, france | 27.00 / 8.00 |
| fume blanc ella valley select, israel | 27.00 |
| riesling schmitt sohne classic, germany | 22.00 |
| pouilly-fuisse mommessin, france | 39.00 |

champagne

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| dom pérignon cuveé | 195.00 |
| piper heidsieck cuvee brut | 55.00 / 11.00 |
| perrier jouet grand brut | 69.00 |
| veuve cliquot yellow label | 79.00 |
| laurent perrier rose | 105.00 |

hot and cold drinks

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| tazo tea 2.25 |
| american coffee 2.25 |
| espresso / dbl 2.25 / 3.25 |
| cappuccino / latté 3.25 |
| hot chocolate / mocha with whipped cream 2.95 |
| iced cappuccino 3.25 |
| iced tea 2.25 |
| sodas (no refills) 1.85 |
| fiji spring 500ml / liter bottle 3.25 / 5.50 |
| san pellegrino 500ml / liter bottle 3.25 / 5.50 |
| fresh squeezed juice orange, grapefruit 3.50 |
| juice apple, cranberry, pineapple, tomato 3.50 |
| irish coffee with whipped cream 8.00 |
| b52 mocha baileys, kahlua, grand marnier and whipped cream 8.00 |
| hot chocolate mint creme de menthe and whipped cream 8.00 |
| hazelnut latté frangelico and whipped cream 8.00 |
| red bull (sugar free) 5.00 |

cocktails

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| strawberry caipirinha moleca cachaca, fresh strawberry, limes, sugar 11.00 |
| lychee martini grey goose, lychee liquer 11.00 |
| berry cosmopolitan stoli raspberrry, lime juice, cranberry juice, triple sec 10.00 |
| watermelon mojito bacardi melon, mint leaves, fresh lime, sugar 11.00 |
| mexican mojito cuervo tequila, mint leaves, fresh limes, sugar 11.00 |
| cherry chocolate martini effen black cherry vodka, godiva chocolate liquer 12.00 |

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| blue sea grey goose orange, hpnottiq, grand marnier 11.00 |
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| ginger pineapple absolut, ginger syrup, pineapple juice 11.00 |
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| tropical tea bacardi rum, absolut vodka, bombay saphire gin, triple sec, pineapple juice, orange juice, cranberry juice 12.00 |
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| french martini ketel one, chambord, pineapple juice 11.00 |
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| godfather bushmill irish whiskey, disaronno amaretto 11.00 |
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| pimms cup pimms, mint leaves, orange, cucumber, strawberry, 7-up 11.00 |
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| peartini absolut pear, pear juice 11.00 |
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| pain killer bacardi select, pineapple juice, coco lopez 11.00 |
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shooting gallery

all at 8.00

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| b52 baileys, grand marnier, kahlua |
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| lemon drop absolut citron, sugar |
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| jager bomb jagermeister, red bull |
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| brave mexican cuervo tequila, kahlua |
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| screaming yellow monkey stoli, banana liquer, crème de cacao |
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| kamikazee absolut, triple sec, lime juice |
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full bar available

florida consumer advisory:
consumption of raw or undercooked meats and seafood may
increase your risk of foodborne illnesses



www.balans.co.uk

SOHO - KENSINGTON - CHELSEA - CHISWICK - MIAMI

1022 lincoln road, miami beach, fl 33139, usa. telephone 305 534 9191 fax 305 604 9419

red wines

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|---|--------------|
| cabernet sauvignon paso del sol, chile | 22.00 / 7.00 |
| pinot noir carmel road, california | 36.00 / 9.00 |
| merlot casillero del diablo, concha y toro, chile | 24.00 / 7.50 |
| malbec, reserve los clop, argentina | 29.00 / 8.00 |
| montepulciano terra dei nobili, italy | 23.00 / 7.00 |
| rioja muriel, spain | 29.00 |
| shiraz mcwilliams, australia | 27.00 |
| pinotage diemersdal, south africa | 36.00 |

rose

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| jeriko pinot noir rose, mendocino | 24.00 / 7.00 |
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sparkling wine

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| montelvini prosecco, italy | 34.00 / 8.00 |
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pitchers

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| margarita (well) 28.00 |
| pimms cup 25.00 |
| sangria red / white 23.00 |
| planters punch (well) 28.00 |
| long island iced tea (well) 28.00 |

beer

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| miller lite 4.00 |
| heineken 5.00 |
| heineken light 5.00 |
| stella artois 5.00 |
| peroni 5.00 |
| corona 5.00 |
| newcastle brown ale 5.00 |
| guinness 5.00 |
| grolsch (16-oz) 5.75 |
| coors (non-alcoholic) 4.00 |

happy hour

half price on limited items
monday - friday 4pm - 7pm

excluding holidays and special events
december 20th to january 5th