BALANS

join our royalty program to receive $2 off breakfast plates with complimentary american coffee monday thru friday before 11am, (exceptions apply)

pancakes or french toast

- with fresh fruit 7.75
- with strawberries, bananas 8.75
- with bananas, dulce de leche 7.75
- with chocolate chips 7.50
- with two eggs 7.75
- with bacon 7.95
- with sausage 7.95

granola pancake
strawberries, banana, maple syrup 7.95

balans coffee & cake
moist morning bundt cake, served with house coffee 4.75

crêpes

- with nutella, strawberries, almonds 7.50
- with scrambled eggs, bacon, cheddar cheese, scallions 8.75

cereal, fruit & bagel

bagel
smoked salmon, cream cheese, capers, onions, lettuce, sliced tomato 9.75

fresh fruit bowl
yogurt, honey 7.75
with cottage cheese 8.75

oatmeal
cranberries, raisins 5.50

cornflakes/cheerios raisin bran
bananas, strawberries 5.75

granola
cranberries, raisins, orange honey yogurt 5.95

eggs

two eggs
balans potatoes, toast 5.95

full breakfast
two eggs, sausage, bacon, balans potatoes, cooked tomato, toast 8.75

jumbo breakfast
two eggs, bacon, sausage, balans potatoes, fruit, 3 mini pancakes, pecan maple butter 10.25

steak & eggs
skirt steak, two eggs, balans potatoe, toast 14.75

salmon royale
scrambled eggs on toasted muffin 9.75

chorizo con papas
two fried eggs, spicy chorizo, potatoes, salsa fresca 8.50

cornbeef hash
2 eggs, cooked tomato, toast 9.25

croissant
scrambled eggs, smoked salmon, chive sour cream, citrus tossed greens 9.95

croque madame
ham, swiss cheese in toasted brioche bread, fried egg, citrus tossed greens 8.95

breakfast burrito
toasted flour tortilla, scrambled eggs, salsa fresca, pepperjack cheese, scallions, sour cream 9.50
add spinach 1.50
add chorizo 2.00
add chicken 2.00

3 egg omelette
balans potatoes, toast with one of the following fillings: swiss, pepperjack, cheddar, feta, mozzarella, spinach, mushroom, ham, tomatoes 8.50
each additional filling add 1.00

no substitutions please specify your toast preference

benedicts

ham
poached eggs on toasted muffin, balans potatoes, hollandaise 9.25

corned beef
poached eggs on toasted muffin, balans potatoes, hollandaise 9.95

bacon
poached eggs on toasted muffin, balans potatoes, hollandaise 9.25

smoked salmon
poached eggs on toasted muffin, balans potatoes, hollandaise 9.95

crab cake
poached eggs on toasted muffin, balans potatoes, hollandaise 12.95

florentine
spinach, poached eggs on toasted muffin, balans potatoes, hollandaise 9.25

side orders

one egg
scrambled eggs require 2 egg minimum) 1.50

bacon, chorizo or sausage 2.75

chicken 3.00

ham 2.50

cornbeef hash 4.95

tomato, mushroom or spinach 1.50

croissant 3.75

toast
(sourdough or whole wheat) 1.95

toasted bagel 1.95

cream cheese .80

yogurt 1.50

swiss, cheddar or pepperjack cheese 1.50

mozzarella, goat or feta cheese 2.75

balans potatoes 3.00
red peppers, onions, scallions

side of fruit 3.50

smoked salmon 4.75

3 pancakes, pecan maple butter 5.50

strawberries, banana 3.50

granola 3.00

cereal 3.00

B A L A N S mug 7.00

sodas & water

red bull *(sugar free)* 5.00

sodas 2.95

fiji still/saratoga sparkling mineral water
small / large 3.25 / 5.50

balans mimosa
rosé brut, freshly squeezed oj 8.50

st germain blush
rosé brut, elderflower liqueur 8.50

bellini 8.50

bloody mary 8.50

piper heidsieck
by the glass 11.00

kir royale
champagne, chamboard 11.00

smoothies

pleasure principle
strawberry, banana, soy milk 7.50

comfort
banana, peanut butter, honey, soy milk 7.50

green goddess
spinach, celery, parsley, kiwi, avocado, apple juice, fresh lemon juice, cayenne pepper 7.50

tropical
pineapple, mango, orange, coco lopez 7.50

refresher
honeydew, cucumber, kiwi, mint, agave, soda, fresh lime juice 7.50

coffee

american coffee 2.75

espresso single / double 2.75 / 3.75

cappuccino / latté 3.75

hot chocolate / mocha
with whipped cream 3.50

iced cappuccino 3.75

juices

fresh squeezed juice orange, grapefruit 3.50

juice apple, cranberry, pineapple, tomato 3.50

loose leaf teas

served "hot" or "on the rocks" 2.75
- english breakfast • peach
- sencha fukujyu • chamomile
- chai • mint • earl grey

fresh brewed iced tea 2.50

an 18% gratuity will be added for parties of 6 or more.

Florida consumer advisory states that consumption of raw or undercooked meats, eggs, poultry and seafood may increase your risk to foodborne illnesses

www.BalansRestaurants.com